



## MAT Courses Guide

**PLEASE NOTE: The length of each course listed below (under format) is simply an estimate. The length of each course will depend on a variety of factors, including the number of participants and the time it takes each participant to complete the required components of the training.**

| <u>Course Name</u>                    | <u>Format</u>  | <u>Credit Hours Awarded</u> | <u>Medication Administration Skills Covered</u>  | <u>Requirements/Prerequisites</u>  |
|---------------------------------------|--|-----------------------------|--|--|
| <b>MAT</b>                            | Full-day classroom (8 hours)   | 8                           | Oral liquids and tablets, inhaler and nebulizer, ear and eye medications, topical medications and EpiPen epinephrine auto-injector | <ul style="list-style-type: none"> <li>• Photo ID</li> <li>• CPR/First Aid Certification</li> </ul>  |
| <b>MAT Independent Study (MAT IS)</b> | Equivalent to full-day classroom course<br><br>Part 1 online (4 hours)<br><br>Part 2 classroom (4 hours) | 8                           | Oral liquids and tablets, inhaler and nebulizer, ear and eye medications, topical medications and EpiPen epinephrine auto-injector | <ul style="list-style-type: none"> <li>• Photo ID</li> <li>• CPR/First Aid Certification</li> <li>• MAT IS Part 1 Completion Certificate</li> </ul>  |
| <b>MAT First Renewal</b>              | Part 1 online (30 minutes)<br><br>Part 2 classroom (30 minutes)  | 1                           | Oral liquids and tablets, inhaler and nebulizer, ear and eye medications, topical medications and EpiPen epinephrine auto-injector | <ul style="list-style-type: none"> <li>• Photo ID</li> <li>• CPR/First Aid Certification</li> <li>• MAT First Renewal Part 1 Completion Certificate</li> <li>• Must have a current and valid or recently expired (within 90 days) MAT Certificate</li> </ul> |
| <b>AMAT</b>                           | Part 1 online (2 hours)<br><br>Part 2 classroom (2.5 hours)  | 4.5                         | Over-the-counter oral liquid and tablet medications, metered-dose inhaler, EpiPen epinephrine auto-injector                        | <ul style="list-style-type: none"> <li>• Photo ID</li> <li>• CPR/First Aid Certification</li> <li>• AMAT Part 1 Completion Certificate</li> </ul>  |
| <b>MAT EpiPen</b>                     | Classroom only (1 hour)  | 1                           | EpiPen epinephrine auto-injector   | <ul style="list-style-type: none"> <li>• Photo ID</li> <li>• CPR/First Aid Certification</li> </ul>  |
| <b>MAT Auvi-Q</b>                     | Online-only (30 minutes)   | Non-credit course           | Auvi-Q epinephrine auto-injector   | <ul style="list-style-type: none"> <li>• Must have a current and valid MAT, MAT</li> </ul>   |



|                                    |  |   |   |   |
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|                                    |  | Meets additional device-specific training requirements                          |   | First Renewal, AMAT or MAT EpiPen Certificate to take this online course  |
| <b>MAT Adrenaclick</b>             | Online-only (30 minutes)   | Non-credit course<br><br>Meets additional device-specific training requirements | Adrenaclick epinephrine auto-injector   | <ul style="list-style-type: none"> <li>• Must have a current and valid MAT, MAT First Renewal, AMAT or MAT EpiPen Certificate to take this online course</li> </ul>   |
| <b>MAT Symjepi</b>                 | Online-only (30 minutes)   | Non-credit course<br><br>Meets additional device-specific training requirements | Symjepi preloaded epinephrine injector  | <ul style="list-style-type: none"> <li>• Must have a current and valid MAT, MAT First Renewal, AMAT or MAT EpiPen Certificate to take this online course</li> </ul>   |
| <b>MAT Epinephrine Nasal Spray</b> | Online-only (30 minutes)   | Non-credit course<br><br>Meets additional device-specific training requirements | neffy <sup>®</sup> epinephrine nasal spray device   | <ul style="list-style-type: none"> <li>• Must have a current and valid MAT, MAT First Renewal, AMAT or MAT EpiPen Certificate to take this online course</li> </ul>   |
| <b>MAT Diabetes</b>                | Part 1 online (3.5 hours)<br><br>Part 2 classroom (6 hours)  | 9.5   | Blood glucose and urine ketone tests, calculating insulin doses, giving insulin by syringe and pen injector, giving glucagon, Solu-Cortef | <ul style="list-style-type: none"> <li>• Photo ID</li> <li>• CPR/First Aid Certification</li> <li>• Must have a current and valid MAT or MAT First Renewal Certificate (cannot be expired)</li> <li>• MAT Diabetes Part 1 Completion Certificate</li> </ul> |
| <b>MAT Solu-Cortef</b>             | Part 1 online<br><br>Part 2 classroom<br><br>*MAT-certified providers are only required to take part 2 | 3.5   | Solu-Cortef (Act-O-Vial packaging only) adrenal crisis rescue medication by injection   | <ul style="list-style-type: none"> <li>• Photo ID</li> <li>• CPR/First Aid Certification</li> <li>• MAT Solu-Cortef Part 1 Completion Certificate</li> <li>• Must have a current/valid MAT or MAT First Renewal</li> </ul>                                  |



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|   |  |   |   | Certificate if only taking part 2   |
| <b>MAT Epilepsy for Certified Providers</b>   | Part 1 online (30 minutes)<br><br>Part 2 classroom (2.5 hours) | 3 | Vagus nerve stimulation, oral medications, rectal medications and seizure rescue nasal sprays | <ul style="list-style-type: none"> <li>• Photo ID</li> <li>• CPR/First Aid Certification</li> <li>• Must have a current and valid MAT or MAT First Renewal Certificate</li> <li>• MAT Epilepsy Part 1 Completion Certificate</li> </ul> |
| <b>MAT Epilepsy for Uncertified Providers</b> | Part 1 online (1 hour)<br><br>Part 2 classroom (4 hours)       | 5 | Vagus nerve stimulation, oral medications, rectal medications and seizure rescue nasal sprays | <ul style="list-style-type: none"> <li>• Photo ID</li> <li>• CPR/First Aid Certification</li> <li>• MAT Epilepsy Part 1 Completion Certificate</li> </ul>   |
| <b>MAT Rectal Medications</b>                 | Online-only (1 hour)   | 1 | Emergency rectal suppositories and Diastat  | <ul style="list-style-type: none"> <li>• Must have a current and valid MAT or MAT First Renewal Certificate to take this course</li> </ul>  |
| <b>MAT Seizure Rescue Nasal Spray</b>         | Online-only (1 hour)   | 1 | Valtoco and Nayzilam Seizure Rescue Nasal Sprays  | <ul style="list-style-type: none"> <li>• Must have a current and valid MAT, MAT First Renewal, or MAT Epilepsy Certificate to take this course</li> </ul>   |

| <u>Course Name</u>              | <u>Additional Course Info</u>   |
|---------------------------------|---|
| <b>MAT First Renewal Course</b> | <p>This course is best suited for providers who regularly administer medications using MAT procedures. A provider is only eligible to renew through this streamlined course if he/she holds a current or recently expired (within 90 days) MAT Certificate. A provider cannot renew a MAT First Renewal Certificate with the MAT First Renewal Course. The provider will be required to take the MAT or MAT IS Course every other certification period.</p> <p>MAT First Renewal Part 1 is graded on a pass/fail basis. The provider will receive two attempts to pass this part 1 course. If the provider does not pass either attempt, he/she will be required to take MAT or MAT IS in order to renew his/her certification.</p> |
| <b>MAT Diabetes Course</b>      | A provider must hold a current and valid MAT or MAT First Renewal Certificate in order to be eligible to take the MAT Diabetes Course. The prerequisite certification cannot be expired.  |



|  |  |
|--|--|
| <b>MAT Solu-Cortef Course</b>  | This course offered in two versions: a shorter version for providers who hold a current and valid MAT Certificate and a longer version for uncertified providers who do not have current MAT Certification. Solu-Cortef is also included in the MAT Diabetes Course.   |
| <b>MAT Epilepsy Course</b>   | This course is offered in two versions: a shorter version for providers who hold a current and valid MAT certificate and a longer version for uncertified providers who do not have current MAT Certification.   |
| <b>MAT Auvi-Q Course,<br/>MAT Symjepi Course,<br/>MAT Adrenalick Course,<br/>MAT EpiPen Nasal<br/>Spray Course</b> | A provider must hold a current and valid MAT, MAT First Renewal, AMAT, or MAT EpiPen Certificate to be eligible to take these online-only courses. The prerequisite certification cannot be expired.   |
| <b>MAT Rectal Medications<br/>Courses</b>  | A provider must hold a current and valid MAT or MAT First Renewal Certificate to be eligible to take this online-only course. The prerequisite certification cannot be expired.  |
| <b>MAT Seizure Rescue Nasal<br/>Spray Course</b>   | <p>A provider must hold a current and valid MAT, MAT First Renewal, or MAT Epilepsy Certificate to be eligible to take this online-only course. The prerequisite certification cannot be expired.</p> <p>This online-only course is graded on a pass/fail basis. The provider will receive two attempts to pass this online course. If the provider does not pass either attempt, he/she will be required to take the MAT Epilepsy Course, both parts 1 and 2, to become certified to administer seizure rescue nasal spray.</p> |

| <u>Course Name</u>                    | <u>Hands-On<br/>Practice</u> | <u>Written<br/>Quiz or<br/>Test</u> | <u>Skill<br/>Demonstration<br/>Testing</u> | <u>Certificate Type Earned</u>   |
|---------------------------------------|------------------------------|-------------------------------------|--|----------------------------------|
| <b>MAT</b>                            | Yes                          | In class                            | In class                                   | MAT Certificate                  |
| <b>MAT Independent Study (MAT IS)</b> | Yes                          | In class                            | In class                                   | MAT Certificate                  |
| <b>MAT First Renewal</b>              | No                           | Online                              | In class                                   | MAT First Renewal<br>Certificate |
| <b>AMAT</b>                           | Yes                          | No                                  | In class                                   | AMAT Certificate                 |



|   |     |          |          |   |
|---|-----|----------|----------|---|
| <b>MAT EpiPen</b>                             | Yes | No       | In class | MAT EpiPen Certificate  |
| <b>MAT Auvi-Q</b>                             | No  | Online   | No       | MAT Auvi-Q Course Completion Certificate                            |
| <b>MAT Adrenaclick</b>                        | No  | Online   | No       | MAT Adrenaclick Course Completion Certificate                       |
| <b>MAT Symjepi</b>                            | No  | Online   | No       | MAT Symjepi Course Completion Certificate                           |
| <b>MAT Epinephrine Nasal Spray</b>            | No  | Online   | No       | MAT Epinephrine Nasal Spray Course Completion Certificate           |
| <b>MAT Diabetes</b>                           | Yes | In class | In class | MAT Diabetes Certificate  |
| <b>MAT Solu-Cortef</b>                        | Yes | No       | In class | MAT Solu-Cortef Certificate   |
| <b>MAT Epilepsy for Certified Providers</b>   | Yes | In class | In class | MAT Epilepsy for Certified Providers Certificate                    |
| <b>MAT Epilepsy for Uncertified Providers</b> | Yes | In class | In class | MAT Epilepsy for Uncertified Providers Certificate                  |
| <b>MAT Rectal Medications</b>                 | No  | Online   | No       | MAT Rectal Medications Course Completion Certificate                |
| <b>MAT Seizure Rescue Nasal Spray</b>         | No  | Online   | No       | MAT Seizure Rescue Nasal Spray Online Course Completion Certificate |